

K J Somaiya Medical College, Department of Psychiatry

World mental health week

All over the world 4th to 10th October is celebrated as Mental Health Week and 10th October as Mental Health Day. This is to increase the awareness about mental health in the community. Every year one topic is selected which is relevant to the present situation. This year topic was "Mental Health at the Work Place".

Keeping this in mind, the Psychiatry department of K. J. Somaiya Medical College organised various activities like essay competition for students, pamphlet distribution to staff and students attending hospital, survey about occupational stress among staff and lectures by clinical psychologists and psychiatrists.



Lecture by Sophia Peermohideen



Academic session conducted by Dr.H S Dhavale



English pamphlet release by Dean Hindi pamphlet release by Dr. V A Sabnís



Dr. H S Dhavale

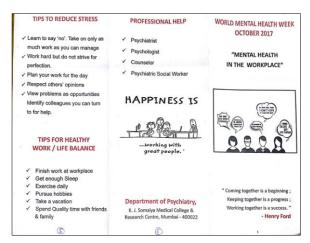


Academic session conducted by Pamphlet distribution Dr. Dhavale, Dr. Sophia and Dr. Borade





Take home message



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